

Elixir Mime Workshops & performances in Dresden, Germany with refugees.

Working with the community



Pauline, Josiah, and Peter



Drama exercises



Having fun together creating story.



Report Workshop at Refugee Camp Dresden, Germany April 23,24, 2016

We were invited by my friend Josiah Lorenzo and one of the German organizers in the camp. We did 8 hours of workshop with Syrian, Iranian, and some other refugees. About 15 young people attended. We drew on photos, traditional stories, film clips, personal experiences, and Bible stories to act out the theme. We decided to use the bag as our uniting recurring motif to illustrate the various principles. We found that we had to focus on the verbs of how to overcome. How do we overcome our fears?

We can attack them – we had a story of a man who got money from the bank and then was afraid of getting robbed. He clung tightly to his bag but was robbed and we enacted the chase in slow motion.

We can control them – the bag became a pizza. We used Commedia del Arte masks to act out the story. The man (Birgla) ordered a pizza.

We can expose them by differentiating from the real and the imagined. We found that faith in God is the best way to overcome fear.

We discovered that some of the refugees had real talents in acting. One of them had been a professional mime artist and his contributions to the workshops were greatly appreciated.



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JETZT-MITGLIED-
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Dresden, 28.04.2016

„Human ist der Mensch, für den der Anblick fremden Unglücks unerträglich ist und sich gezwungen sieht, dem Unglücklichen zu helfen.“ Voltaire

Sehr geehrter Peter van Gorder,

hunderte freiwillige und ehrenamtliche Helfer des DRK leisten in den letzten Monaten im Rahmen der Flüchtlingshilfe Einzigartiges. Das soziale Engagement und der Zusammenhalt waren und sind beeindruckend. Denn: Helfen ist Ehrensache!

Wir danken Ihnen, sehr geehrter Herr van Gorder, sehr herzlich für Ihren Einsatz am 23./24. April 2016 in der Notunterkunft des DRK auf der Hamburger Straße in Dresden.

Sie gestalteten für unsere Bewohner einen Mime-Workshop unter dem Motto: „Overcoming our fear of the unknown“.

In vielfältigen Spiel- und Darstellungsmomenten konnten sich unsere vor allem jugendlichen Bewohner mit dem Thema auseinandersetzen. Auf kreative Art und Weise wurde mit verschiedenen Formen von Angst spielerisch umgegangen. Die sich daraus entwickelnden Schauspielszenen zeigten Lösungsansätze auf, dieses Gefühl zu überwinden und in positive Emotionen zu verwandeln.

Für Ihre wundervolle und inspirierende Arbeit herzlichen Dank von allen Beteiligten.

Mit freundlichen Grüßen


Rüdiger Unger
Vorsitzender des Vorstandes

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Der DRK Landesverband
Sachsen e.V. ist im
Vereinsregister beim
Amtsgericht Dresden unter
Registernummer VR 365
eingetragen.

Vorstand des Vereins gem.
§26 BGB:
Vorstand: Rüdiger Unger
Mitglieder des Vorstandes:
Andreas Stephan,
Kerstin Trautmann

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English translation of letter on left.

“A human is the person, to whom the sight of the misfortune of others is unbearable and he feels compelled to help them.”

Dear Mr. Peter van Gorder,

During the last months, hundreds of volunteers and honorary helpers of the DRK (German Red Cross) are achieving unparalleled accomplishments concerning the refugee crisis. The social engagement and the solidarity were and are impressive. Because: To help is a matter of honour!

We thank You, dear Mr. van Gorder, very warmly for your service on 23/24. April 2016 in the emergency shelter of the DRK at Hamburger Straße in Dresden.

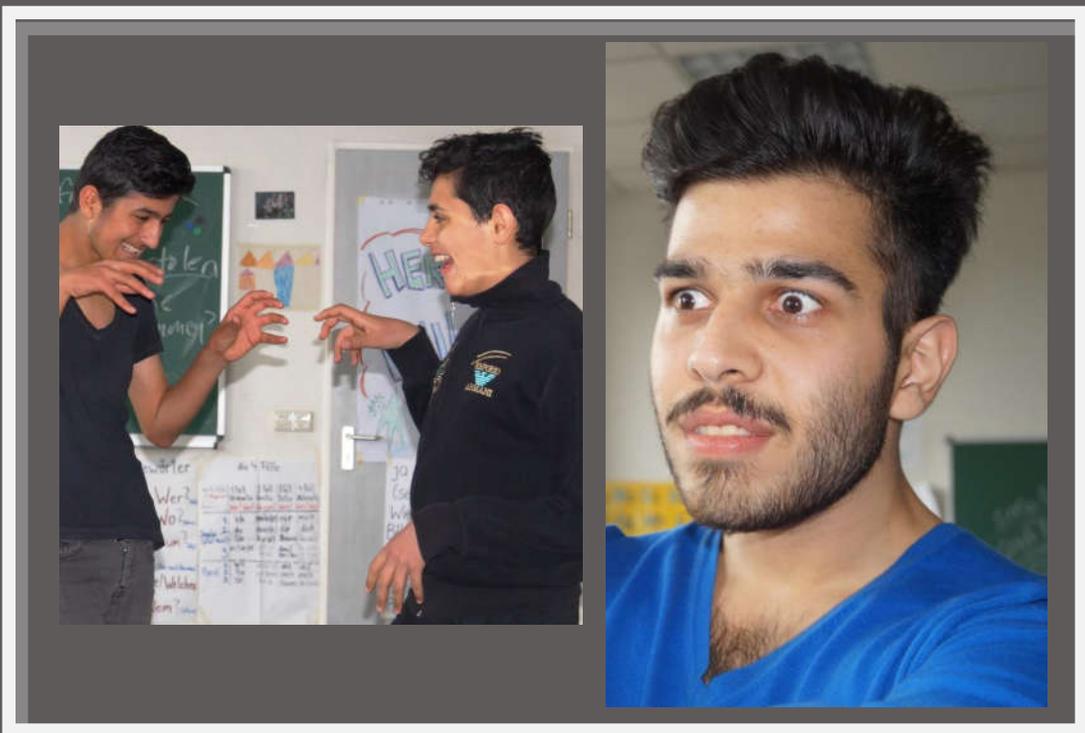
For our residents You arranged a Mime-Workshop with the motto: "Overcoming our fear of the unknown".

In varied play-and of presentation moments, our for the most part young residents were able to reflect on this subject. In a creative form, various aspects of fear were dealt with in a playful way. The workshop and performances demonstrated methods of resolution to overcome this sentiment and transform it in positive emotions.

Much obliged, goes for all participants for your wonderful and inspiring work done.

With cordial greetings,

Rüdiger Unger
President of the leadership of German Red Cross





Acting out a story of a robbery in slow motion



Discovering conflict and tension in story creation



Overcoming the fear of heights when diving.



Human statues to portray theme



Using Italian comedy masks to create story



Human statue of family



At the performance for the camp