



<http://www.familycare.org/network/family-care->

Regd. No: E22293 (Mumbai)

<http://elixirmime.com/>

SEPTEMBER 2013

### Three days of mime workshops in Tirane, Albania

*“Working with the community for the community.”*



Left—ball exercise to learn rhythm and timing.

Right—warm up exercises using international methods.



Mom and daughter having fun at the workshop.



Elixir Mime carried out 3 days of mime and storytelling workshops at a friendly café for 12 people in Tirana. The organization that kindly hosted us was Biblioteka Perla, which is a library that offers various educational and social services for young people. You can see them on Facebook at: Biblioteka Perla

Our workshops in Eastern Europe have been enlightening. We have seen so much potential for dramatized story telling in these lands that are still in transition.



Left- Acting out special interests such as rock climbing for intros.



Every story needs conflict



Learning cause and effect through games



Using props to tell a story – here with a magic lamp.

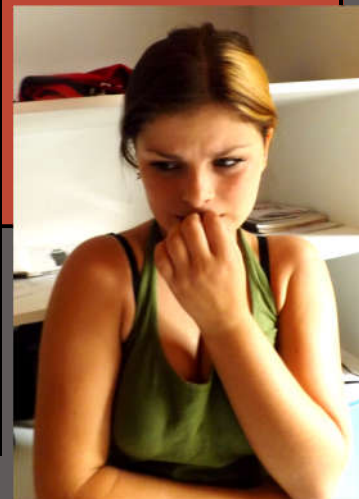


Critiquing helps to improve performances



Using film clips to illustrate basic vital acting principles.

Learning to express emotions—such as fear and its opposite.



Please let us know if you would like to help in any way with our community projects. Thank you very much! Please contact us at e-mail: [new2mailbox@yahoo.com](mailto:new2mailbox@yahoo.com)

## Reactions

We did 3 days of mime/storytelling/acting workshops for the volunteers of the StuAktiv NGO. At a bookstore and a restaurant. Here are some the responses we received.

Thank you very much for your excellent workshop. I liked the theory, but the practical application was even more interesting. I learned a lot of new things for myself that I will use in the future in my work. We anticipate seeing you next year.  
- Bobyr Alexandra

This meeting gave me a lot more skills and it filled my life's experience with new ways to express myself.  
I thank Peter and team and await his arrival next year. We will wait for all our hearts for the next year. Thanks a lot.  
- Antoni

Thanks a lot for all the new things we learned. For the experience in the pantomime. It was really interesting to find out how you can express your emotions without words by showing them with your body. I would like to develop these skills more. We thank you for the great atmosphere in the time of the training. It would be really great if you would make an actor's course in Sevastopol. Again thanks , - Alena and Alexiy

Thank you for the interesting workshop. These excellent skits reminded me again that there is nothing impossible, especially if you do it with humor. It is very interesting to see how people get away from everyday routine and showed their actor's skills. Thank you very much. We wish you success in acting.

— Participant

Thank you for that knowledge which I didn't have enough for the great skills you showed, for the happy atmosphere and for the memory you left for us.  
We wish you new ideas in your trip. Thank you very much for everything. - Juliana.

I really liked the film about the mask from clay. Also, I liked the 7 ages of man done in white-face. The ideas all came into focus when you gave your explanation about it.  
-Sergey Kuryshin

I liked the workshop very much. It was very inspiring and fun. Especially the second day. It was great acting out the skits. I really liked the morph suit. It was really fun dressed in it. I really enjoyed myself, I hope you will come here and do this again. - Participant



**Acting out the 8th age of man (the after life) inspired by a Shakespeare play. This woman portrayed it as a butterfly.**



**Mime workshop team in Sevastopol, Crimea, Ukraine. Aug.**