

## Elixir Mime Workshops & Performances in Bangkok & Chiang Mai Thailand

Working  
with the  
community



Above: Rehearsing a skit that the children of the Thanksgiving Home performed for the Emergency Home a few days later.



**Above left and right:**  
Using masks and hats  
to convey emotions and  
meaning.  
**Left:** Using props to  
tell a story.

We have had a very active week in Bangkok working with Central Thailand Mission's project partners -- the Thanksgiving Home (23 developmentally-challenged kids, needy youth), the House of Blessing (kids born in prisons or stigmatized/abandoned), and the Emergency Home (a protective shelter for those who have suffered from abuse, domestic violence, or rape). Our theme for our activities was "I Am". The goal was to instill a sense of self worth in the women and children. We used simple object lesson stories to illustrate various themes such as a bouncy ball to show resiliency (bouncing back), umbrella— protection, diamond—valuable, mirror—that they are beautiful.



Above: Drama games to teach about using their senses.



**Left:** learning  
about focus and  
how to avoid  
stage fright.



Above: Praise warm-ups



Please let us know if you would like to help in any way with our community projects.  
Thank you very much! Please contact us at e-mail: new2mailbox@yahoo.com



Above: During a break we had a great time riding an elephant. Thailand is a beautiful country with lots to enjoy.



Above: Performing a skit with the Theme of "I am protected".

One teacher had this to say about our workshops and training: “I appreciate what this team is sharing – professional knowledge and technical know-how. How-to’s in doing mime. I came to realize this is such a great tool – a great teaching aid for all educators. Thank you for sharing your lives with us. God bless you in all your endeavors.”



Above: At the end of our skit Wanchai brought out a meaningful application of the story



Above: Performing a skit with the Theme of "I am valuable".



Above: Taking a bow with the cast from Thanksgiving Home.



Workshops held at an international school in Chiang Mai, Thailand.  
Far Left: Dancing with a mop.  
Left: Using facial expressions to convey emotion.  
Right: Human statue exercise  
Bottom Left: The teachers enjoyed the training and will use what they learned for performances.



Here is what some of the participants said they learned at the workshops:

“Don’t turn back to audience, use full body, timing is important, using your senses, focus and concentration, eyes on the goal, what do you want to accomplish, learning how to use the creative process to solve problems and simplify complex stories. . I learned the principles of blocking the action and how to select stories.

Using the creative process – everybody getting involved so they have ownership.



We had the chance to take a mountain trip and saw a beautiful waterfall and visited a Keren Christian community.



One of the teachers commented, “This has been a good experience for them so they can express their feelings. It helps them to get people to understand what they are thinking and their emotions. It helps tremendously in developing their communication skills. For some of them it was a new experience. When they practiced they gained more confidence. When they perform, they get more self-confidence. They feel that people accept them. ”